

## How to make David HAPPY..!

When you're in love with someone, you naturally want to make him happy... so there's little doubt that if you met David, you'd do everything in your power to make him feel on top of the world. Here's the best way to go about it...

**BE CHEERFUL...** Nothing makes David feel warmer inside than a girl with a smile on her face. Try to look on the bright side, even when things go very wrong... let your actions show you really believe that every cloud has a silver lining. Don't be moody; when you feel unhappy with yourself, take an interest in someone or something else. Get involved with all the wonderful things that life has to offer.

**BE AN ANIMAL LOVER...** and you'll strike a chord in David's heart—he's as devoted to his two dogs as they are to him! Show kindness to all our four-footed friends, and if you ever come across a stray, do your best to find a home for it.

**BE SENSITIVE...** to other people's feelings. Lend a friend a shoulder to cry on, and share someone else's happiness even if your own luck

is running a bit low at the time. Bolster a sagging ego, respect another's privacy, and lend silent support when words would be out of place.

**BE MUSICAL...** You don't have to have any great musical talent... just appreciate all types of music—and that means more than simply the top ten hits. Open your mind (and your ears!) to all sorts of sounds... classical, jazz, blues, folk, even grand opera! Don't say you "can't stand" one type of music if you've only given it a listen for, say, ten minutes! Share David's love of music, and you'll make his world rosy.

**BE SPONTANEOUS...** Do what you feel like doing, when you feel like doing it (unless, of course, it inconveniences others). If you're walking along to school or work and you suddenly feel like singing David's latest hit to yourself... go right ahead! Don't always worry about what other people will think... they're only human, just like you. Don't dash to a mirror, comb in hand, every time the wind ruffles your hair. Enjoy the feeling of rain on your cheeks...

**ENJOY THE SPORTING LIFE...** Be willing to go swimming, surfing, or horseriding with David... take an interest in watching sports, too. Don't let a little bad weather keep you locked up indoors; put on your woollies and your mac, and get out there in the fresh air!

**USE YOUR OWN JUDGEMENT...** about people, about things, about life. Don't let someone else tell you who or what to like; trust your own ability to size up people and the world in which you live. Always do what deep in your heart you feel is right. Never let other people make decisions for you—it's your life, and it's up to you to make the most of it.

**LOOK AFTER YOURSELF...** value your good health and make sure you keep it. Eat foods that are good for you and the result will show in your face and figure. Get plenty of rest so you won't

be irritable when morning comes around. Always keep yourself well-groomed: wash your hair regularly, keep your clothes clean and pressed, file those fingernails and keep them clean.

**BE FRIENDLY AND OUTGOING...** Don't sit by yourself in a corner at parties... don't wait for people to notice you... always be ready to join in the fun. Make the first move when it comes to making friends; give a warm hello to new acquaintances, even if you've only met once before. Be the one to introduce a 'new girl' to your crowd of friends...

**COMMUNICATE...** Let your friends know what you're thinking... how you feel. Don't say something just because you think it's expected of you. And don't shut people out of your life by claming up... talk to them, let them share their lives with you (the good times *and* the bad times).

