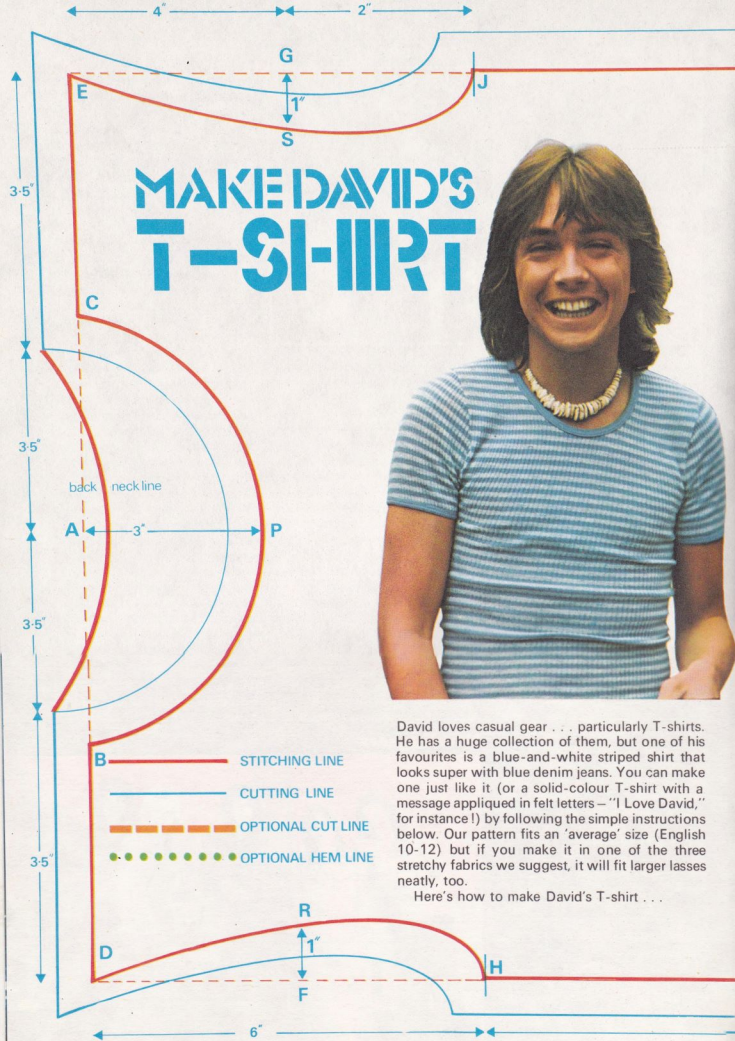


MAKE DAVID'S T-SHIRT



David loves casual gear . . . particularly T-shirts. He has a huge collection of them, but one of his favorites is a blue-and-white striped shirt that looks super with blue denim jeans. You can make one just like it (or a solid-colour T-shirt with a message applied in felt letters—"I Love David," for instance!) by following the simple instructions below. Our pattern fits an 'average' size (English 10-12) but if you make it in one of the three stretchy fabrics we suggest, it will fit larger sizes neatly, too.

Here's how to make David's T-shirt . . .



To Make Pattern:

Take a large piece of brown paper and mark out a rectangle 14" x 28". Across the top line mark off $3\frac{1}{2}$ " from the right and from the left and then halve the 7" in the centre. From the centre A, draw a line down 3" to P; and from B and C draw a scoop to meet at P. Mark off 6" from D to H and from E to J.

Then mark off from D to F 4" and from E to G 4". Draw a line from F to R of 1" and from G to S of 1". Then join up with a curve the points D, R, H and E, S, J to give the armhole.

Draw from H to M a line of 22" and from J to N a line of 22" and then join M and N. If you prefer a scooped bottom, join points L and K which are 6" from the bottom edge, with a curved line.

For the back, make the pattern exactly the same, except reduce the distance between A and P to 1". To neaten the edges, turn under $\frac{1}{2}$ " and then $\frac{1}{2}$ " again and stitch down by hand or machine.

To Make Sleeve Pattern:

Take a large piece of brown paper and draw a rectangle 10" x 11", mark corners A, B, C, D. Mark off the middle point between A and B, and C and D (5" from the edge) and draw a line down from L to M. From A draw down 6" to E, and from B down 6" to F. Measure 1" up from E to G and from F to H; then from G measure inwards 1" to J and do the same from H to K. Make a curve, as in the diagram, from E to J to L, and then from L to K to F. E to C and F to D can be longer or shorter, depending on the length of sleeve you desire.

Instructions for Cutting Out and Making Up Shirt—

Suggested fabrics: combed cotton, cotton jersey, stretch polyester.
Amount needed: $1\frac{1}{2}$ yds. of 36" fabric.
Fold fabric in half — also fold the back and front of the pattern in half — and place both pieces on the fold of the fabric. Do the same with the sleeve. If you prefer, open the fabric and the pattern and cut out singly. Pin the pattern down first, then cut around it.

To Make Up:

Take the back and the front and place together with the right side of the shirt on the inside — i.e. with right sides facing. Sew up along the side seams and shoulders, fastening off securely. Sew up the sleeve seam with right sides together. Fit the sleeve into the armhole with right sides together and match the underarm seam of the sleeve to the side seam of the body, and then match the centre of the sleeve head to the shoulder, and sew around. To hem or neaten the shirt, either turn under $\frac{1}{2}$ " and $\frac{1}{2}$ " again and hem by hand or machine, or buy some bias cut binding tape and put that on the right side of the neck, sleeve and hem and stitch down.

Washing Instructions:

Wash by hand in warm soapy water, rinse well, do not wring out. Squeeze out the excess water gently, and hang up to dry only when there is no dripping.

