

Have you ever met a boy who didn't have strong views about how girls should dress and make-up? No... every bloke has a pretty clear idea of the 'look' he likes... and David is no exception!

David likes to wear casual clothes and he hates to see a girl all decked out in frills and flounces just to go to a sports match! Of course, there are occasions when a girl should dress up, and then David likes to see her wearing 'feminine' clothes with soft lines that flatter a pretty fliqure.

But most important, from David's point of view, is that a girl should wear the clothes that suit her, if the latest ultra-trendy fashion doesn't flatter your figure, then forget about it, advises David—and never mind what the 'in' crowd may think of you.

David obviously has a very sensible approach to fashion, and so should you. If you're unsure about how to dress to make the most of your natural assets, here are a few tips:



## Pleasantly plump...

- ★ You'll look super in long tunic tops—they'll visually slim down your hips.
- ★ Never wear clothes that are too tight for you (where you should have curves, you'll have bulges!)
- ★ Don't wear belts at the waist. Instead, choose dresses with a high waistline (just under the bust).
- ★ Choose garments that have long, unbroken lines—A-line dresses, for example.
- ★ Long jerkins and outfits with long jackets or coats disguise heavy thighs.
- ★ Wear colours that blend naturally together (brown and tan, light blue and navy blue); stay away from starkly contrasting shades.



## Tall & thin ...

- ★ You look beautiful in maxi skirts, so wear them often. Midis are quite flattering too.
- ★ You're the sort of bird who can wear two different prints at the same time and carry it off. Choose carefully, though; ideally, one print should be a smaller version of the other.
- ★ Tent-shaped, three-quarter length jackets will break up your height and give an interesting effect.
- ★ Trousers, blouses with puffy sleeves, long jackets and tops—they're all for you!
- ★ Don't always slouch around in flat shoes. Wear medium height heels too... and for goodness sake, walk tall and proud. Remember, you're built like a model-girl!



## Shortie...

- ★ Stick to small rather than large, flamboyant patterns and prints.
- ★ Stay away from belts and outfits that cut you in half. Wear belts at hip level for a lengthening effect.
- ★ Garments with vertical seaming will make you look taller. So will high-waisted dresses worn at knee length.
- ★ You look like a little china doll in floor-length dresses... why not buy more of them for evening.
- You look best in tailored clothes with clean, straight lines... leave fusses and frills to the skyscraper-girls.
- ★ Wear medium height heels—very high ones will make you appear unbalanced... and you won't look very graceful teetering around. You can wear platforms because they raise the whole foot rather than just the heel... but exercise moderation here too.