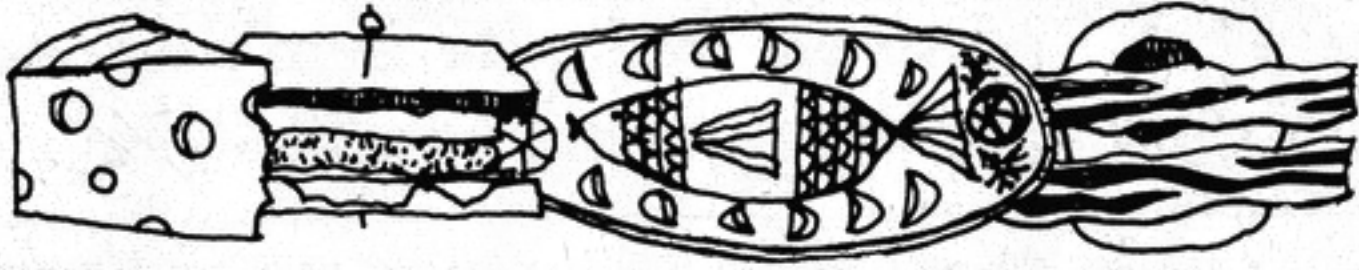


STAR RECIPE OF THE MONTH FOOD FROM YOUR FAVES!



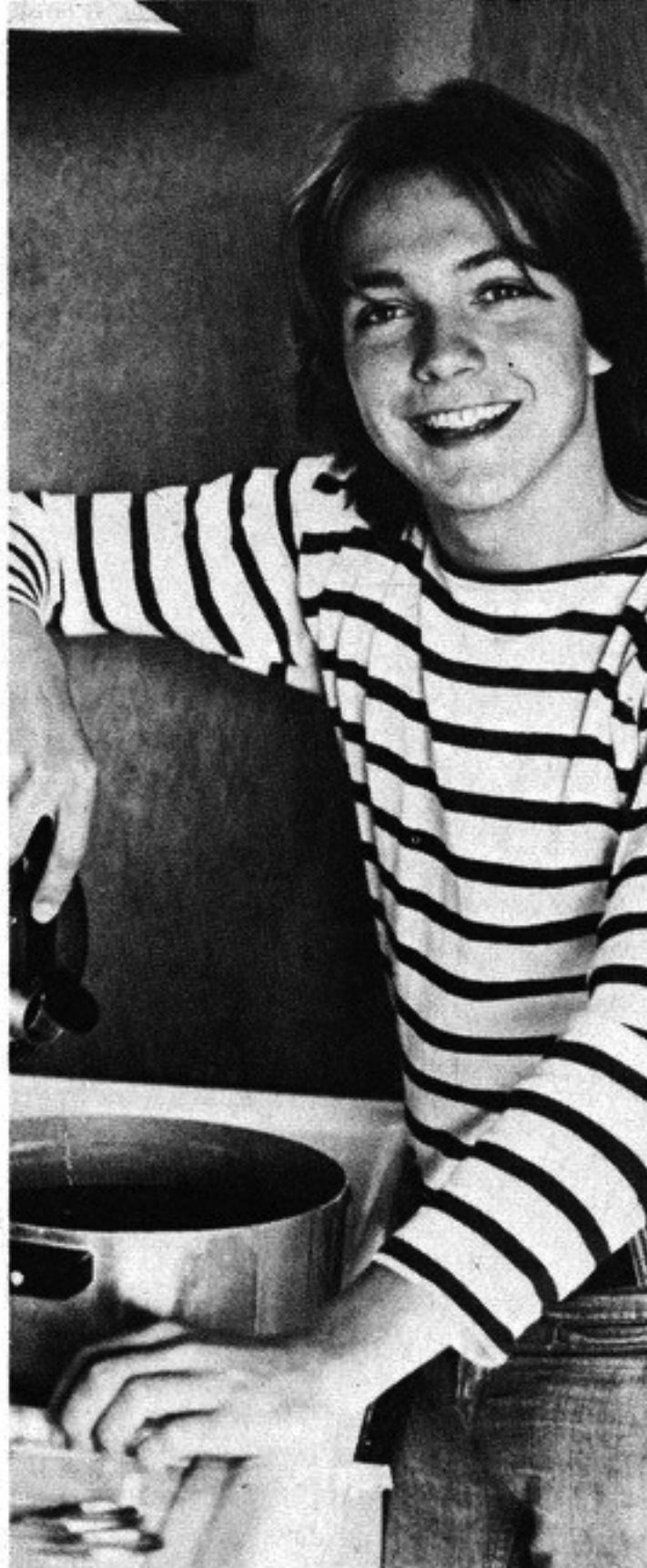
This Month: David Cassidy's Baked Macaroni

When we asked David if he had a special recipe he'd like to share with you, his first reaction was: "But I never cook!" Then he gave it some thought and remembered a rainy day recently when he felt like throwing something together in the kitchen and came up with a dish that was so good it amazed him! There was plenty for David, his roommate, two friends who stopped over, *and* even some left for their two dogs, who loved it too!

Baked Macaroni

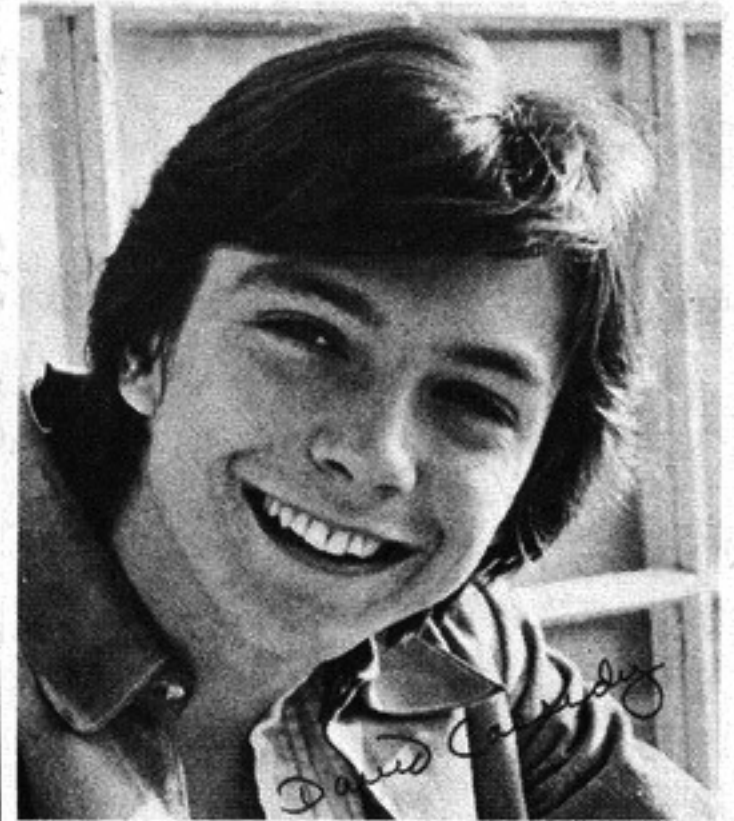
- 8 oz. elbow macaroni
- 1 small onion, chopped
- 1/2 stick butter
- 1/4 cup flour
- 1 cup milk
- 1/2 tsp. salt
- 1 tsp. Worcestershire sauce
- 1 1/2 cups grated sharp cheddar cheese
- 1 cup sour cream (room temperature)
- 1/2 cup grated cheddar cheese

Cook macaroni according to directions and drain. Cook onion in butter until limp, stir in flour and cook one minute. Then add milk and stir until sauce gets thick. Add salt, Worcestershire sauce, 1 1/2 cups



cheese and keep stirring until cheese melts. Empty the sour cream into a large bowl and add the hot cheese sauce a little at a time, stirring constantly. Then add macaroni and mix gently. Pour into a casserole dish, sprinkle with 1/2 cup cheese on top, and bake at 375 degrees, 30 minutes or until it bubbles. YUM!

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