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A Few of the Frank Enlightening Instructions

## A Few of the Frank, Enlightening Instructions

- Techniques for complete fuffillment in sex act—the "art" of sexual foreplay and how it helps couples attain mutual climax.

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  What kind of couples have the best chance of sexual compatibility.

  Ways to prolong interceurse and prevent premature climax.

  Blunders made by men in sex act that deprive women of satisfaction and how to avoid them.

  How does alcohol affect sexual potency.

  Advantages of various interceurse positions—why sexologists recommend you vary them from time to time.

  Areas of male and female body mest sensitive to cretic stimulation.

  Why women take more time to receive the second to sexual
- erotic stimulation.
  Why women take more time to respond to sexual stimulation than mentechniques that speed response.
  Which are the most reliable birth control methods—and which permit maximum satisfaction and enjoyment.
  Ways a wife can initiate sax play without seeming everly aggressive... and when it is advisable.
  What are the causes and

- What are the causes and treatments for male and female sterility, impotence and frigidity.

  Abnormal reproductive

- organs and their
  correction.

   Is it stimulating or
  inhibiting for husband
  and wife to undress in
  front of each other—
  keep lights on during
  sex relations.

   How to determine whether
  a woman experiences
- How to determine whether a woman experiences complete orgasm during intercourse. Why many women fail to reach orgasm—and what can be done about it. Climax in man and woman compared. How sexual urge in woman differs from man.
  How often can a couple have sexual intercourse—can too much sex be
- —can too much sex be harmful to either a man or woman
- -can too much sex be harmful to either a man or woman.

  What causes a husband or wife to commit adultery.

  What effects can a man or woman's pre-marital sex experience have on their marriage—does masturbation affect sexual performance in marriage.

  How male and female organs function in intercourse and reproduction.

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what it was and give it out to girls at school.'

Of his house and the Hollywood singles life David says, "I don't care to party. I just stay up here and live."

Contact has not been broken, of course, with his families. He loves them very much. But he's needed now by people in his own world—and he still has many things of his own to work out. "A lot of them are personal. A lot of the bad is what it (show business) does to a human being, because of the very nature of the business. A lot of the bad things that happened in

my life didn't have to happen. They could have been prevented if my parents hadn't been in the business—they were victims of circumstance.'

David isn't nursing a grudge against his father. But he wants to make the concerted effort to reduce the possibility of becoming a "victim of circumstance" again-in his own personal life. So he had to make the break emotionally with the past-to pick up the pieces of a shattered childhood and grow into a mature, rewarding, stable adulthood.

## **DENISE & SUSAN**

(Continued from page 33)

probably their nights alone. It seems strange that beautiful two and talented women should be alone in a city filled with handsome young men. You probably would have guessed that each of them spent most of their time fighting off the advances of perfectly gorgeous men and the rest of the time going out with perfectly gorgeous men. Well, guess again.

Or, better yet, let Denise tell it to you like it really is. "The truth is that it's very difficult for me to meet men in this town. I have an added problem because some guys seem to shy away from me since I'm on

"Look, I'll give you a perfect example. Some friends invited me to a party. It wasn't exactly a date affair, so I went by myself. Anyway, there turned out to be quite a few attractive unattached males around. Yet the whole scene reminded me of a school dance. I mean, I sat on one side of the room, and the boys were on the other. It was awful!

"The music started playing. I love to dance, and I waited for someone to ask me. No one did. So you know what happened? I spotted this very attractive guy just sitting there. I went over and said, 'Hi, I'm Denise Nicholas, would you care to dance?' For a moment, he was stunned, then he got up and we danced.

"I tell you, it's a problem. Either guys shy away because of Room 222, or else they want something from me. They'll call up and ask me out, and then in the next breath say, 'Hey, can you introduce me to so and so?' They'll mention the name of some big producer or director that most times I don't even know myself. Calls like that make me freeze up. Let's face it, what girl wants to go out with a guy when she knows he's just using her as a theatrical agent!"

So either men are afraid of Denise because she is successful, or they are interested in her only because she is successful. And then there is another problem. "I know quite a few black men in their thirties who have sworn off marriage. You stay a while, have fun, then flippo, the man moves on.

I recently read an article which discussed this same thing-the whole idea of the pleasure principle, how everyone's trying so hard just to have fun, but there's growth, no development

relationships. Men want to have a good time with a girl and then just cut out.

"I guess in a way the whole world is kind of turned upside down. It's like everybody thinks to himself, 'Hey, I'd better go out and have a ball and do my thing before the flood comes, or the earthquake gets us, or the bomb falls.

Denise, because she wants more from life than just "going out and having a ball," finds herself at home, alone and lonely, very often. For different reasons, so does Susan. She reveals, "Many people think that because I'm an actress I'm loaded with boyfriends. That's far from true. If I weren't in Hollywood acting, I'd be enrolled in college and that's where the average girl is surrounded by bright young guys her own age and type whom she sees every day in class or on campus. But the men I meet-producers, directors, agents, and the like-are much older, they're worldly, cynical, have been around too much for me.

"Besides, I work long hours—up at six, home late and tired and just ready for a light dinner and going over my script. When a fellow calls me and wants to see me, I usually have to tell him I've worked late and am tired and have an early call and all that jazz, and he gets disgusted and quits calling.

"That doesn't upset me-not yet. I know where my head's at. I'm in love with acting and am so involved with it that I want the time to work and study. I feel I've time to fall in love. At this point in my life I'm very selfish with my time and there are so many things I want to do, like continuing with drama and so on, that I don't miss the lack of a love life. I'm not in love. I never have been. In my own dumb way I think I have plenty of time, but some people feel sorry for me. They think I'm missing a lot by not being in love. I've had many lonely weekends, but I don't sit here and feel sorry for myself."

She has no reason, and no right, to feel sorry for herself. She has made her choice—to give herself totally to her career. Although she admits that "Once in a while I get lonely," she also feels strongly that "I will never tie myself down with one man unless I mean it." Susan Dey seems to be a young girl who knows exactly what she wants—a career-and is doing her best to get it.

For Denise Nicholas, on the other hand, a big career is not enough. Perhaps it is because she is older than Susan, and has reached an age where she has the desire to settle down with something-or someone-more than just a script. But, hopefully, her search, and her solitude, will soon be over.