HELLO, THERE—and welcome to the pool and patio behind the magnificent house in the Hollywood Hills I recently moved into! Why don't you go into the bath house, change into a bathing suit, meet me back here at poolside, and I will show you how I—David Bruce Cassidy—keep in shape!!

—You point your toes up, then lift your knees, stretch out your arms and try to touch your toes! No fun? O.K., we'll stop and go on to the next one—

DAVID: "HOW I KEEP IN SHAPE"



Yiiee-oow! Here I come, ready or not!