

opinions of her own, and he liked that, too.

He couldn't believe it when she said it was time to go, and pointed to her watch. How had the time gone by so fast?

But the big shock came when he asked her for a date. She looked away, embarrassed, and then explained that she couldn't date him because she was going steady with a boy back home.

"If I'd met you first . . ." she began. Her eyes were suddenly very bright, and she had to blink a few times. "I'm sorry, David," she said. Then she leaned close and her lips brushed his cheek. A moment later, she was gone.

David isn't the kind of boy to sit around and brood. And yet, every now and then, he can't help remembering a warm smile, a soft, pleasant voice, a special kind of laugh.

Of course, the time will come when David meets another girl, one just right for him, too. At that time, he'll start going steady. But until then, there'll be no one girl in David's life. He'll date a number of different girls. Why not? He's got plenty of time ahead to meet the one special girl who'll make him forget all the rest. ●

PEGGY LIPTON

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Before becoming an actress, she was a model. That's when she began to learn about the importance of a regular beauty routine.

Yes, we know that it's easy, sometimes, to neglect your diet, to say: "Oh, I'm too busy to worry about all that." Maybe you wake up too late in the morning to eat breakfast, and have to snack on doughnuts between classes. And then, after school, well, you just have to have a soda and a hamburger with the kids, and some french fries, too.

Peggy, with her busy schedule, has every excuse to say she has no time to eat regularly, but she knows that her diet is too important to neglect anything. She has decided to cut meat out of her diet completely. Maybe you won't want to do that, but how about stepping up your intake of fresh fruits and vegetables?

Today, with those health food stores opening all over, it isn't hard to find natural foods if you want them. A handful of dates or raisins for a snack will give you all the sweets you need, and will be a lot better for your complexion than a gooey sundae.

Peggy's long, straight blonde hair is one of the prettiest things about her, and she knows that here, too, care

counts. Lots of brushing and a good diet are more important for hair beauty than the most complicated hairdo. The same kind of diet that will do so much for your figure and your skin will work wonders for your hair. Vitamin A is a must.

That means plenty of carrots, green leafy vegetables, cooked or in salads. If you drink a packet of gelatin, mixed with fruit juice, this too, will give luster and strength to your hair.

Peggy knows that fresh air is a must. It's easy to stay indoors, especially if the weather isn't very inviting. But to look and feel your best—the two go together—a brisk walk will help a lot. Get a friend to go with you, and it will be more fun.

Swimming is a terrific exercise. It tones and shapes your whole body. Also, we don't have to point out that the pool, indoors or out, and the beach, too, are great places to meet boys.

Peggy also likes to keep in shape with softball and ballet. But it doesn't really matter what kind of an exercise routine you choose, the important thing is to keep at it regularly.

If you do want to add a program of indoor exercises in addition to sports, dancing and walking, you can get all you need in half an hour each morning or night, or even fifteen minutes, if you're really busy.

Whatever exercises you do—tote-touching, deep-knee bends, bicycle—do them slowly and carefully. Put on a record and you'll enjoy your exercise period more. ●

SUSAN DEY

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Don't think up silly reasons to call him at home. Nothing turns a boy off like one of those pointless, giggle telephone calls. If you have something to really ask him—tomorrow's homework assignment if you were out sick—that's okay.

Once you get him to ask you for a date, there are other do's and don'ts that will help you to be sure your first date won't be your last.

Do be ready on time. Sitting around your livingroom for a solid hour making small talk with your parents isn't his idea of a big evening.

Don't pick a place for your first date that will cost him two weeks' allowance. If he doesn't suggest where the two of you should go, keep your own suggestions simple and not too expensive.

Do dress casually. Susan is fond of casual clothes and knows that most boys like to see a girl dressed that way. She prefers slacks, dungarees

and hot pants, and "they must be comfortable."

Don't fuss with clothes and make-up once you are out on a date. Keep your attention on the boy you're with, not your hairdo or make-up.

Susan says that although she hasn't much time for dating now, she, like any other girl, is looking forward to meeting "that special boy."

In the meantime, she has warm and friendly feelings about the people she works with on "The Partridge Family." She's particularly fond of David Cassidy. "I care about him in a very strong way," she says.

She also gets along well with Shirley Jones, and says she's very easy to talk to.

Although Susan hasn't met that special boy yet, we know that when she does, she'll know just what to do. We hope you will, too. ●

WES STERN TELLS

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spite of the kind of clowning character he plays in "Getting Together." In all the years he was trying to get into acting, there were surely times when he got discouraged, when he asked himself whether he'd ever make it.

But he had no choice. Acting was all he wanted and no matter how long it took, he was determined to stick with it.

Then, in 1969, he took a friend to audition for the United Artist movie, "The First Time," and what happened at that audition was itself like something out of a Hollywood script. Because the producers asked Wes to read the part, and they hired him to be the star of the film.

Sheer luck? Maybe, but remember all the years of work and determination that came first. One thing that Wes (like nearly every other successful actor) knows, is that luck alone won't get you to the top. There's got to be a lot of hard work first, and you've got to hold onto your dream, no matter how long it takes before it comes true.

Wes's next big break came when he starred in "Three In A Cellar" for American International Pictures. He got an AIP multi-picture contract, and he was really on his way.

Then he moved on to TV, appearing on "Love, American Style," the "Mary Tyler Moore Show," "Room 222" and "The Tonight Show."

"And then came the day I got the part of Lionel Poindexter on "Getting Together" and I knew I really had it made. There I was, working with Bobby Sherman, who's a great person, and Susan Neher, who's a doll.