## on Love & Beauty

Shirley Jones Answers You (1971 And Trademark of Columbia Pictures Industries, Inc. Laufer Company, Authorized user.

Dear Polly,

Begin by giving him a wild tie that you've made or bought and say that you thought it looked like him. Then encourage him to let his sideburns grow a little or whatever. Just say straight out, "John, you'd look groovy with longer sideburns. Why don't you let them grow a little?" Build up John's confidence—that's what he needs—and he'll soon be flipping for newer styles.

Dear Shirley,

I love rings but some of mine turn my fingers green! Is there any way I can stop this? Someone told me it was because of something in my blood.

Candy G. Charleston, W.Va.

Dear Candy,

Don't worry—it's nothing in your blood! Paint your problem rings with clear nail polish and they won't rub off anymore.

Dear Shirley,

I have short hair, cut sort of like David Cassidy's, but it won't stay puffy like it should. What can I do?

Jennifer W. San Francisco, Calif.

Dear Jennifer,

Here's a trick I learned from David! When your hair is wet in the morning, comb it back the wrong way. When it dries, brush forward and your hair will be puffy and perky!

Dear Shirley,

What's the "kissing disease?" I've recently started kissing my boyfriend and now I'm really worried!

Roxy H. Honolulu, Hawaii

Dear Roxy,

The "kissing disease" is short for mononucleosis, a disease that kills off red blood cells. Many students catch "mono" from studying too hard, not sleeping enough and not eating the right foods. If you take good care of yourself, you won't have to worry about catching mono.

Dear Shirley,

I wanted to buy a paisley coat but my mother thinks this is too wild for me. What do you think?

> Babs D. Billings, Mont.

Dear Babs,

I don't know about Billings, but paisley is old-fashioned in big cities. A good plain color coat would be a good buy.

Dear Shirley,

Why are some guys so sweet and other guys are so rotten?

Jackie D. Rockford, Ill.

Dear Jackie,

For the same reason some girls are so sweet and other girls are so rotten—it just takes all kinds of people to make a world.

Dear Shirley,

Is it true that you have to be tall to be a model? I read where all models are almost six feet tall and I'm only 5'3"! Is there anything I can take to make me grow?

Kitty E.

New Orleans, La.

Dear Kitty,
Sorry, there's nothing you can take to grow. Models must be tall and very slim—girls under 5'6" almost never become models unless they just model a portion of their body—like their face, feet or hands.

Dear Shirley,

Is it better to squeeze a pimple or should I leave it alone? I just can't keep my hands off my face.

Jill K. Manhattan, N.Y.

Dear Jill,

Definitely leave pimples alone. If you squeeze them, you're making little scars that will stay with you for life. And if you have an acne problem, you may wind up with lots and lots of unsightly scars. So tie your hands behind your back or something but don't touch your face!

Dear Shirley,

Have you heard anything about the new soft contact lenses? I want to get some but I haven't heard anything about them.

Vickie G.

Seattle, Wash.

Dear Vickie,

No—I haven't heard much. Most eye doctors are waiting a little longer before they fit their patients with them. Some people say they're harder to get in and out but other than that, I haven't heard anything. Why not check with your eye doctor?

HERE ARE
THE
LUCKY
10
GIRLS
WHO HAVE
WON
DAVID'S
PERSONAL
CHECK
FOR \$10!

NOVEMBER WINNERS Lori Kushnick, 111/2 Flushing, N.Y. Sara Foster, 15 Nashville, Tenn. Debbie Novak, 14 Philadelphia, Pa. Valerie Aguilar, 15 El Paso, Tex. Candace Heatley. 13 Chicago, III. Rachel Stevenson, 10 Tupelo, Miss. Tammy Donathan, 12 Lake View Terrace, Calif. Mary Lynn Gadziola, 14 Toronto, Can. Debbie Branch, 12 Montgomery, Ala. Mary Ann Thompson, 16

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