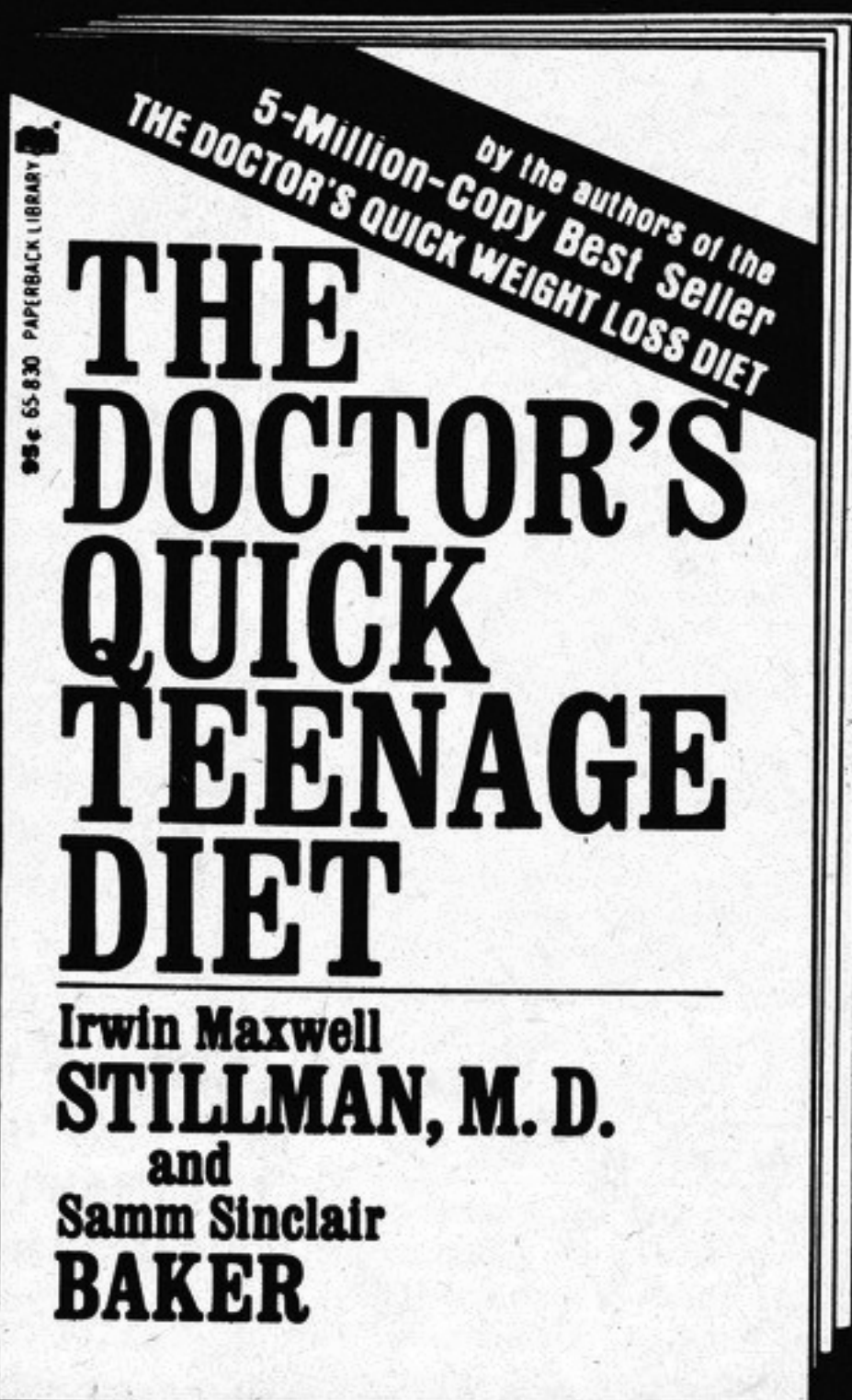


The Book For Girls Whose Baby Fat Never Went Away!



Only 95¢

Dr. Irwin Maxwell Stillman and Samm Sinclair Baker, the men who helped millions of adults lose weight safely and quickly, have now designed a diet especially for teens. On it, overweight teens can lose from 5 to 10 or more pounds a week.

Dr. Stillman's diet eliminates all the agony, slowness, and discouragement of dieting. It comes with its own built-in will power plan that makes you want to stay on it because it shows results immediately. And there's so much to eat and so much variety you'll never feel like you're on a diet.

In addition to the Quick Teenage Diet, the authors include a Super-Quick Teenage Diet, a Liquids-Only 1-Day Super-Quick Diet, a 7-Day Quick Teenage Diet, and for those who absolutely must have variety, the Quick Teenage Dividend Diet.

There are chapters on the benefits of activity and exercise, "Keep-Slim Eating for the Rest of Your Happier Life," delicious recipes for the "Quick Teenage Diet," "Talking It Over with the Doctor," and a chapter on the "Most Asked Questions and Answers."

Available wherever paperbacks are sold, or write

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PARTRIDGE FAMILY FAN CLUB NEWS CONTINUED FROM PG. 55

"I decided to have a gigantic abalone bake! I went crazy with the guest list ... I must have invited everyone I know!

"Of course I didn't completely lose my mind," said Dave. "I made it a cooperative effort. A couple of my friends did the diving and brought up a lot of abalone, lobster and crab. My share was the cold drinks, coffee, salads, chicken (just in case there wasn't enough of the other stuff to go around) the dessert, and of course, the house to have the party in."

LOTS OF MUSIC!

It was great, and there WAS plenty of everything, including music and fun and games! Lots of nice people dropped by to say hello. Some of them were musicians, and there was a big jam session, or rock session or whatever you want to call it, right down by the water's edge!

It was fun, but it was kind of tiring, and Dave said he plans to take off for another visit to the sunshine state to visit some friends and relatives in Florida very soon. He has to rest up for another party I guess!

One of the great things about having a beach house is that your friends keep dropping by to visit and swim. At Dave's house, the door is always open, and if you feel up to the 200 steps between him and the beach, come on over and join the fun. Dave won't be there for a couple of weeks, but on weekends, his manager, Marshall Edson is there with his two daughters, Claudia and Cynthia. I'm sure they'd be happy to meet you.

Marshall is Dan's manager too, so there's a good chance you'll run into at least two Bonaduces there at any given time!

PARTRIDGE MAILBOX

Dear Cecelia:

Can you tell me if David Cassidy likes any special cologne?

Cathy Parklin

Dear Cathy:

David is pretty much inclined toward the nice clean smell of soap. I've never noticed any particular cologne in his dressing room. I'll tell him you asked, O.K.?

Dear Cecelia:

I guess you've been asked this before, but I am curious about Brian Forster