

# You Can Lose 10lbs. In 10 Days On Amazing Grapefruit Plan!!!

Beverly Hills, Calif. (Special Report) Movie Stars and Celebrities have discovered a new revolutionary grapefruit plan. No Pills, Drugs or nauseating medicines are necessary to reduce unwanted fat. You can get slim, even while you sleep by following the simple instructions in this remarkable grapefruit plan.

## EAT ALL YOU WANT!

Instead of starving yourself and relinquishing all the pleasures of the food you enjoy, you can now satisfy your desire for food rich in natural vitamins, protein, grains and even fresh dairy products. Don't deny yourself the delicious snacks that you crave. Eat all you want day and night. It is possible to lose weight faster than you ever dreamed, using this wonderful, simple plan. None of the formerly forbidden foods that appear on all stringent diets are now denied you. You can gorge yourself on juicy steak, fried chicken, rich gravy, bacon and eggs, mayonnaise, and rich pastries and luscious desserts.

## FLATTENS THOSE UNSIGHTLY BULGES!

Now within 10 days you can lose up to 10 lbs. This new plan transforms your figure while you sleep. Wouldn't you like to wake up one morning and find yourself lean and slim as you were when you were young? Yes! A slender more vigorous body — aglo with youthful sex-appeal. Proven results from thousands of men and women all over America.

## THERE IS A CATCH!

You must follow religiously this special plan for 10 days. And you must like grapefruit fresh or canned. It's as simple as that.

## WHY HAVE OTHER DIETS FAILED?

Fad diets fail because they are based on the principal of starvation. They fight against nature itself and your body rebels. Pound after pound you regain your former weight as your resistance lowers. The amazing grapefruit plan works on a different principal. You do not starve yourself — You do not skip a single meal. You eat heartily of breakfasts, lunches and dinners. You enjoy what you eat. Foods that you crave. Your body burns up the fat and flushes it out of your system. You are more vibrantly alive than you have ever been in your life. Isn't that worth 10 days of your life?

## Reduce Or Money Back Guarantee!

To obtain this amazing Grapefruit Plan, send \$2.00 to Amazing Grapefruit Plan copyrighted Publishers. Your money is assured this way:

1. Show this amazing grapefruit plan to your physician when you receive yours.
2. Stick with the plan for 10 Honest days. Your scales will show the results.
3. If you are not completely satisfied with the results return the plan and we will refund your money cheerfully.

Write directly to the publisher below for fast First Class mail delivery to your door.

Use handy form below. Hurry, do it now before you forget.

AMAZING GRAPEFRUIT PLAN 1-372  
9056 Santa Monica Blvd., Suite 304  
L.A., Calif. 90069

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

To the first 25 readers whose coupons we receive, we will send a free copy of TV Star Annual. Win your own copy of the chock-full of information guide to TV stars and shows. Just fill out the coupon below, let our editors know who your favorites are—and we'll let you know if you're the lucky winner!

# Vote Today.

TV STAR PARADE MARCH, 1972

FAVORITE MALE STARS: 1 \_\_\_\_\_

2 \_\_\_\_\_ 3 \_\_\_\_\_

FAVORITE FEMALE STARS: 1 \_\_\_\_\_

2 \_\_\_\_\_ 3 \_\_\_\_\_

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FAVORITE STORY IN THIS ISSUE \_\_\_\_\_

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Please mail ballot to Research Editor, TV Star Parade Magazine, 295 Madison Avenue, N.Y. 10017, N.Y.

## DAVID CASSIDY

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like a man, sometimes very sexy. And he's been this way as long as I've known him. He's the same today as he was a year or two ago."

But, according to our sources, David isn't. Susan's remark was undoubtedly sincere but her words were those of a new dear friend overlooking some very marked faults and shortcomings. She meant well but what she said was prejudiced far too much in David's favor.

And today, David Cassidy isn't quite the angel he is supposed to be. There are some traits about him that would make him infuriating if these weren't deflated by his numerous strong points. "David isn't all good or all bad; he's a combination of these good and bad personality manifestations. Unfortunately, though, stardom has allowed the negative things to dominate him with increasing frequency during the past few months," our contact told us.

"Temper is his very biggest shortcoming." Completely to David's credit is the fact that he acknowledges this is so and seems to be striving to conquer it.

"Sometimes I yell at the top of my lungs," he admitted recently. "Not at people. Only when I am by myself, like when I learned they released a certain record of mine as a single which I didn't want them to do."

In addition, David confessed that he went into his room alone and cursed bitterly. What did he say? Whatever it was, he's not telling.

"It's something which I better not repeat," he said guiltily. "It's not becoming of a teenage idol."

Despite what David claims are private

moments of temper and profanity, it is unlikely at best that these are entirely away from the eyes and ears of those around him. If he has a temper and if he utters "bad words," then any such tendency can hardly be restrained during times when irritations pile high.

And filming a weekly television series is a situation conducive to the greatest imaginable frustrations.

As one crew member observed, "You have the pressures of budget, deadline and all the rest. Quantity is stressed rather than quality."

David is a bit of a perfectionist. He wants to do everything as right as humanly possible. He's also somewhat of a slow study; he memorizes his lines carefully but at snail's pace. So when he's told to hurry things up, that the budget is running out or the time or both, he can explode as a result. While he is, on the whole, cooperative and agreeable, he is not quite the professional his step-mother, Shirley Jones, is—nor his father, Jack Cassidy, for that matter. He doesn't restrain himself always when he should.

And when a TV STAR PARADE journalist interviewed him some time ago, David seemed terribly disagreeable and moody—his moods coming from an inherent restlessness and impatience, traits which bring outbursts of temper from time-to-time.

So, David's very nature prohibits him from being altogether the super-sweet, lovable, nice young man his image suggests that he is: There isn't a chasm between reality and image but there is at least a reasonably noticeable gap.

"Mother was never very strict with me," he said. "I had certain obligations, when I