

Hi there!

You know, one of the happiest things I can think of is the fact that young people all over the country are really into ecology! If all the people who talk to me about it when I'm out on tour actually do something about it, I think we have a chance to clean up our beautiful planet—and that's something that has to be done!

But most people think of it as this enormous problem that nobody can really affect! They look at statistics about tons of smog released into the air every day, or mercury on the bottom of the ocean and think "What can I do?"

Well, there's lots you can do! The really huge problems have to be solved by the government, and you help solve those by writing letters when you feel strongly about something, and keeping track of which people in office really do anything about ecology—so when that big vote comes your way at 18, you can really use it!

BIG DIFFERENCE

But there are other things you can do, too, things that I do every week...and some I do every day! If enough people got into doing them, they'd make a big difference in helping us turn our planet back into the magic garden it once was!

Take back your aluminum cans and bottles! Aluminum cans, thrown away, last for thousands of years! And besides that, they have to keep ripping up the earth to get more aluminum to replace the cans that



get thrown away! Glass is another problem—it eventually disappears, but in the meantime, broken glass is pretty ugly and hard on bare feet (which are the best kind)! I've found places in Los Angeles that will take back all my aluminum cans and bottles, and make new cans and bottles out of them—and I take my empties there every week! You can do the same!

When you go hiking or messing around someplace where it's still beautiful, don't litter! But that's only a beginning...if you carry a knapsack or a bag to put other people's litter in, then you're really doing something! When you see a beer can in a stream, or aluminum foil at a campsite—pick it up! It's a surefire way



to build good karma! (And if everyone in America picked up one piece of trash per day, there'd be 200,000,000 fewer pieces of junk on the landscape in a single day!)

WHO CARES

Tell your mom to buy white toilet paper, face tissues, and paper towels. The paper disappears after a while, because it's only wood, but the dye has bad effects on lots of things that live in the water! And really, who cares if his Kleenex is pink?

If you're one of those silly people who still smoke cigarettes, stop. You're polluting yourself and others. (If I quit, anybody can—and I did!)

Listen, these are only a beginning. I'm sure there's a lot more—because either we'll take care of this problem together, or it will take care of us—and permanently!

