

# HOW TO KEEP

As if we needed telling, the experts are predicting a colder than usual winter this year. In fact—so they say—another ice age is on its way. But there's no need to panic, folks. It could be another million years before the world is just one big skating rink. But we are going to have to button up those overcoats and keep the home fires burning in the months ahead.

One person who is already making sure of his thick socks and warming soup supply is David Cassidy. In his home in the hills above Los Angeles he's stocking up on all those things that keep the cold out. Not that he has to buy too much, seemingly his fans have kept David very well supplied with scarves, hats and cough sweets.

"I didn't know so many people knew I suffered during the winter," David told us. "I'm one of those people who

## BY DAVID CASSIDY



to get through the months from November to April with the least possible discomfort and misery. Perhaps you understand better why I couldn't settle permanently in England . . . how on earth would I get through one of those winters?

"At least here in L.A. the temperature stays up in the fifties most of the time. And being up on higher ground I manage to miss most of the smog which would surely ruin my voice if I was forced to spend more than a few hours in it at any one time. My problem hasn't been so bad since I discovered Hawaii,

### WINTRY TIP FROM DAVID

Keep out of draughts or your neck will adopt a strange horizontal tilt.

for some reason cold germs take a liking to. I'm sure the little bugs lie waiting for me all during the fall and as soon as November appears on the calendar, they land on me by the million. All winter for years past I've looked like a walking commercial for some cold cure or other.

"Red nose, pockets crammed with tissues and throat lozenges. It's funny how some people are winter types and don't really come alive until the summer warmth goes on holiday. They love nothing better than to get up early on a freezing January morning and take a dip in the nearest open air pool. In fact, am I right in thinking there is a strange club in London that swims in the Serpentine in Hyde Park on Christmas morning?

"I know lots of people who wouldn't dream of taking a holiday in the sun during the summer months. They save up all their holidays and go off to Austria or Switzerland for a skiing vacation. Now I've got nothing against skiing, in fact I enjoy it when I'm not tumbling down a mountainside. But I do know that I'd enjoy it a lot more without the snow and the low tempera-

### WINTRY TIP FROM DAVID

Wear thick gloves when chucking snowballs around if you don't want your hands to look red raw.

ture. Now water skiing in July that's more my style . . . although my water skiing style wouldn't exactly get a ten out of ten from the experts

"So it looks like I'm stuck with being a summer person and I'm not sorry. All I'm sorry about is the fact that I have

### WINTRY TIP FROM DAVID

Share a sledge with someone you fancy, and roast chestnuts on an open grate.

of course. Mind you, it's an expensive way to outfit those cold bugs—but I certainly feel a hundred per cent fit and healthy on that paradise island.

"I know they can't turn back germs at the Customs but I think what happens is that when the nasty little things arrive and see how well everybody is, they have an attack of conscience for once and go back to the mainland!"

Does David agree that a new romance helps to keep the cold out?

"Of course," he says. "I've never known a guy yet whose temperature didn't soar when he got involved with a

### WINTRY TIP FROM DAVID

Make an ice slide, but be prepared for tumbles.

new girl. I know it's the girls who are supposed to be the emotional ones but I don't believe that's true for a moment. We go off our food, get moody, toss and turn in bed all night and behave just as oddly as any girl when we're in love. The great thing about a new love in your life, of course, is that it takes your mind off everything else . . . and that includes the weather!

"Now if every guy could be paired off with a beautiful girl at the beginning of winter, we'd be fine but it doesn't always work out like that."

Is there any way David's millions

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